

Elementary Cycle Menu ___2016-2017





| **Week 1 Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------|---------------------------|------------------------------|-------------------------------|---|
| "The Challenger Learning Center" | <u>Cheeseburger</u> | "The Towle Theater" | Diced Turkey & Gravy | "The Little Red School House" |
| Chicken Nuggets | Waffle Sweet Potato Fries | Beef & Cheese Tacos | Mashed Potatoes | Bosco Sticks |
| Warm Breadstick | Corn on the Cob | Spanish Rice | Bread Bowl | w/ Marinara Sauce |
| Crinkle Cut Fries | Chilly Applesauce w/ | Refried Beans | California Blend Veggies | Garden Salad |
| Baby Carrots | Strawberry Garnish | Garden Salad | Super Yum Green Salad | Lemon Broccoli |
| Chilled Fruit Cocktail | | Pineapple Chunks | Diced Peaches | Crisp Apple Slices |
| | | | "Hammond Valley Ranch" | |
| Ketchup Packet | Ketchup Packet | "Hammond Valley Ranch" | Italian Dressing | "Hammond Valley Ranch" |
| Barbecue Packet | Mustard Packet | Italian Dressing | | Italian Dressing |
| | | Salsa | | |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" |
| Nacho Cheese Cup | Yogurt Cup - Trix | Chef Salad | Yogurt Cup - Greek | PB & Strawberry Uncrustable |
| Salsa Cup | String Cheese | Dinner Roll w/ Margerine | String Cheese | String Cheese |
| Beef Taco Meat | Broccoli Buds | Crunchy Red Peppers | Baby Carrots | Cucumber Slices |
| Baby Carrots | Cauliflower Flowerets' | Celery Sticks | Cherry Tomatoes | Broccoli Buds |
| "Hammond Valley Ranch" | "Hammond Valley Ranch" | Hammond "Cool Beans" Salad | "Hammond Hummus" | Pineapple Chunks |
| Crisp Apple Slices | Orange Wedges | Fresh Apple Slices | Grapes | Cheez It Crackers |
| Tortilla Chips | Cheez It Crackers | Mayo Packet / Mustard Packet | Crunchmainia | "Hammond Valley Ranch" |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| "Good Morning Hammond!" | "Good Morning Hammond!" | 'Good Morning Hammond!' | "Good Morning Hammond!" | "Good Morning Hammond!" |
| French Toast w/ Powdered Sugar | Egg, Sausage & Cheese | WG Cinnamon Roll | Breakfast Pizza | Mini Waffles w/ |
| Syrup Cup | on an English Muffin | Sausage Patty | Hashbrown Patty w/ Ketchup Pk | Syrup |
| Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal |
| Apple Cinnamon Muffin | Banana Elfin Loaf | Toast | Very Berry Elfin Loaf | Chocolate Chip Granola Bar |
| Diced Peaches | Crisp Apple Slices | Orange Wedges | Crisp Apple Slices | Fruit Cocktail |
| Juice - Tangerine Box | Juice - Grape Cup | Juice - Apple Box | Juice - Strawberry Kiwi Box | Juice - Fruit Punch Box |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| **Weeks of August 17, Septembe | r 12, October 10 | | This | institution is an equal opportunity provider. |



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| **Week 2 Monday | Tuesday | Wednesday | Thursday | Friday |
| "South Shore Arts" | Beef Hotdog or Corn Dog | "Hammond Marina" | <u>Italian Chicken</u> | "Gibson Woods" |
| Cherry Blossom Chicken | Crinkle Cut Fries | Beef Mostaccioli | Mashed Potatoes w/ | Grilled Cheese |
| Asian Brown Rice | Baked Beans | Garlic Broccoli | Brown Gravy | Tomato Soup |
| Oriental Vegetables | Crisp Apple Slices | Garden Salad | Green Beans | Baby Carrots |
| Baby Carrots | WG M&N Cookie | Breastick | Fluffy Roll | "Hammond Valley Ranch" |
| "Hammond Valley Ranch" | | "Hammond Valley Ranch" | Diced Peaches | or Italian Dressing |
| Diced Pears w/ Cherries | Ketchup Packet | or Italian Dressing | Margarine Packet | Chilled Mixed Fruit or |
| | Mustard Packet | Margarine Cup | | Red Grapes |
| | | Orange Wedges | | |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" |
| Nacho Cheese Cup | Yogurt Cup - Trix | Shaved Turkey Ham & Cheese on | Yogurt Cup - Greek | PB & Grape Uncrustable |
| Salsa Cup | String Cheese | WG Slim Jim Bun | String Cheese | String Cheese |
| Beef Taco Meat | Broccoli Buds | Crunchy Red Peppers/Celery Stick | Baby Carrots | Cucumber Slices |
| Baby Carrots | Cauliflower Flowerets' | Mayo Packet / Mustard Packet | Cherry Tomatoes | Broccoli Buds |
| "Hammond Valley Ranch" | "Hammond Valley Ranch" | Hammond "Cool Beans" Salad | "Hammond Hummus" | "Hammond Valley Ranch" |
| Crisp Apple Slices | Orange Wedges | Crisp Apple Slices | Grapes | Pineapple Chunks |
| Tortilla Chips | Cheez It Crackers | | Crunchmainia | Cheez It Crackers |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| "Good Morning Hammond!" | "Good Morning Hammond!" | "Good Morning Hammond!" | "Good Morning Hammond!" | "Good Morning Hammond! |
| Eggo Mini | Mini Egg and Cheese Sandwich | Fruit Yogurt Parfait | Piggle Stick | Chocolate Chip |
| Maple Pancakes w/ Syrup Cup | on Hawaiian Bun | Granola & Toast | w/ Syrup | French Toast |
| Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal |
| Blueberry Muffin | Chocolate Chip Elfin Loaf | Toast w/ Jelly | Banana Elfin Loaf | Chocolate Chip Granola Bar |
| Diced Peaches | Orange Wedges | Applesauce | Crisp Apple Slices | Diced Pears w/ Cherries |
| Juice - Tangerine Box | Juice - Grape Cup | Juice - Apple Box | Juice - Fruit Punch Box | Juice - Strawberry Kiwi Box |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| | | | | |
| Weeks of August 22, September 19, | October 17 | | This | institution is an equal opportunity provi |



Elementary Cycle Menu ___ 2016-2017





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| **Week 3 Monday | Tuesday | Wednesday | Thursday | Friday |
| "Oxbow Park" | "South Shore" | Beef Nachos | "The Pavilion" | Macaroni & Cheese w/ |
| Chicken Smackers | Mini Cheeseburgers | Garden Salad | <u>Meatloaf</u> | Fish Sticks |
| Warm Breadstick | Curley Fries | Tortilla Chips & Cheese | Mashed Potatoes w/ Brown Gravy | Cucumber Slices |
| Waffle Sweet Potato Fries | Orange Basil Carrots | "Hammond Valley Ranch" | Maple Sweet Potato Chunks | Baby Carrots |
| Corn on the Cob | Fruit Cocktail | Refried Beans | Lemon Broccoli | "Hammond Valley Ranch" |
| Chilly Applesauce | | Pineapple | Fluffy Roll | Banana or |
| Margarine Cup | Ketchup Packet | Salsa | Diced Peaches | Crisp Apple Slices |
| Barbecue Cup | Mustard Packet | | w/ Whipped Topping | Tarter Sauce |
| Ketchup Packet | (change to Mini BBQ Beef Nov 17) | | Margarine Packet | Ketchup |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" |
| Nacho Cheese Cup | Yogurt Cup - Trix | Shaved Turkey & Cheese on | Yogurt Cup - Greek | Peanut Butter & Jelly Cup |
| Salsa Cup | String Cheese | WG Pretzel Bun | String Cheese | Cucumber Slices |
| Beef Taco Meat | Broccoli Buds | Red Sweet Peppers / Celery Sticks | Baby Carrots | Broccoli Buds |
| Baby Carrots | Cauliflower Flowerets' | Mayo Packet / Mustard Packet | Cherry Tomatoes | "Hammond Valley Ranch" |
| "Hammond Valley Ranch" | "Hammond Valley Ranch" | Hammond "Cool Beans" Salad | "Hammond Hummus" | Pineapple Cup |
| Crisp Apple Slices | Orange Wedges | Crisp Apple Slices | Grapes | Scooby Doo Graham Crackers |
| Tortilla Chips | Cheez It Crackers | | Crunchmainia | |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| "Good Morning Hammond!" | "Good Morning Hammond!" | "Good Morning Hammond!" | "Good Morning Hammond!" | "Good Morning Hammond!" |
| Apple Cinnamon French Toast | Egg, Sausage & Cheese | Bagel w/ Cream Cheese or | Breakfast Pizza | Waffles w/ |
| | on an English Muffin | Banana Bread | Hashbrown Patty w/ Ketchup Pk | Syrup |
| Choice of Cold Cereal | Choice of Cold Cereal | (change to Zucchini Bread Nov 18) | Choice of Cold Cereal | Choice of Cold Cereal |
| Chocolate Chip Muffin | Banana Elfin Loaf | Choice of Cold Cereal | Very Berry Elfin Loaf | Chocolate Chip Granola Bar |
| Diced Peaches | Crisp Apple Slices | Toast | Crisp Apple Slices | Fruit Cocktail |
| Juice - Tangerine Box | Juice - Grape Cup | Orange Wedges | Juice - Strawberry Kiwi Box | Juice - Fruit Punch Box |
| Ice Cold Milk | Ice Cold Milk | Juice - Apple Box | Ice Cold Milk | Ice Cold Milk |
| | | Ice Cold Milk | | |
| **Weeks of August 29, September | · 26, October 24 | | This | s institution is an equal opportunity provider. |



Elementary Cycle Menu ___2016-2017





| **Week 4 Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|---------------------------------|-----------------------------------|----------------------------------|---|
| "The Jean Shepherd" | "Splash Pad" | Beef Spaghetti | "Welcome Center" | "The Hammond Public Library" |
| Meatball Sandwich | Chicken Sandwich w/ Onion Rings | Green Beans | Chicken Fried Steak | Big Slice Pepperoni or Cheese Pizza |
| | Garden Salad | Garden Salad | Fluffy Roll | Super Yum Green Salad |
| Spudsters | "Hammond Valley Ranch" | "Hammond Valley Ranch" | Mashed Potatoes w/ Chicken Gravy | Carrot Sticks |
| Seasoned Corn | Italian Dressing | Italian Dressing | Garlic Broccoli | "Hammond Valley Ranch" |
| Crisp Apple Slices | Sweet Potato Tots | Garlic Bread Stick | Diced Peaches | Red Grapes |
| | Fruit Cocktail | Orange Wedges | | |
| | Ketchup Packet | | Margarine Packet | |
| Ketchup Packet | Mustard Packet | | | |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" | "Healthy Hoosier" |
| Nacho Cheese Cup | Yogurt Cup - Trix | Submarine Sandwich | Yogurt Cup - Greek | Strawberry Uncrustable |
| Salsa Cup | String Cheese | WG Hotdog Bun | String Cheese | String Cheese |
| Beef Taco Meat | Broccoli Buds | Red Sweet Peppers / Celery Sticks | Baby Carrots | Cucumber Slices |
| Baby Carrots | Cauliflower Flowerets' | Mayo Packet / Mustard Packet | Cherry Tomatoes | Broccoli Buds |
| "Hammond Valley Ranch" | "Hammond Valley Ranch" | Hammond "Cool Beans" Salad | "Hammond Hummus" | "Hammond Valley Ranch" |
| Crisp Apple Slices | Orange Wedges | Crisp Apple Slices | Grapes | Pineapple Chunks |
| Tortilla Chips | Cheez It Crackers | | Crunchmainia | Cheez It Crackers |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| "Good Morning Hammond!" | "Good Morning Hammond!" | "Good Morning Hammond!" | "Good Morning Hammond!" | "Good Morning Hammond!" |
| Pancakes | Chicken on a Biscuit | Fruit Yogurt Parfait | Biscuits & Gravy | Chocolate Chip |
| w/ Syrup | | Granola & Toast | | French Toast |
| Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal | Choice of Cold Cereal |
| Apple Cinnamon Muffin | Chocolate Chip Elfin Loaf | Toast | Banana Elfin Loaf | Chocolate Chip Granola Bar |
| Diced Peaches | Crisp Apple Slices | Applesauce | Crisp Apple Slices | Diced Pears w/ Cherries |
| Juice - Tangerine Box | Juice - Grape Cup | Juice - Apple Box | Juice - Strawberry Kiwi Box | Juice - Fruit Punch Box |
| Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk | Ice Cold Milk |
| *Weeks of September 6, Octobe | r 3 & 31 | | Thi | s institution is an equal opportunity provider. |

Our Home Town Special Meal Days 2016-2017

October 24th Spooky Trail Chicken Nuggets (spooky shaped chicken nuggets)

November 17th Gobbling Along "Holiday Dinner" (Sliced Turkey)

December 19th "Our Town" Christmas Tree shaped Chicken Nuggets

December 22nd I'll be home for Christmas "Holiday Dinner"

February 13th My heart belongs to Hammond Chicken Nuggets(Heart shaped chicken nuggets)

March 13th "Lucky Lane" Shamrock shaped Chicken Nuggets

April 25th "Welcome Spring" Cookie